



The action was hot and heavy at Preeceville Lions Western Weekend
Chariot and chuckwagon races were the highlight of the Preeceville Lions Western Weekend, held from July 15 to 17, but there were plenty of things to see and do for everyone. See the story and more photos on Page 7.

Young Preeceville female athletes proudly bring home medals from Provincial games

Amber Spray and Camryn Nelson, both from Preeceville, were accepted onto Team Saskatchewan for the summer games. Both girls participated in the U16 girls discus, shot put, javelin and hammer throw events in the summer games on July 22 to 24 in Sherwood Park, Alberta.

Both girls reached their dreams when each took to the medal podium with Nelson capturing a gold medal in the shot put event,

throwing an impressive 9.89 metres. Amber Spray captured a bronze in javelin with a throw of 26.91 metres.

The games featured athletes from Saskatchewan, Manitoba and Alberta and gave athletes the possible opportunity to qualify for Nationals in Quebec on August 1.

Camryn Nelson has the opportunity to go to Nationals with her gold medal win.

“My experience was amazing,” stated Nelson. “I got to experience what it is like travelling far with a team. It was such an amazing experience. I expected to do my best and use what I know from my past experiences to do my best performances. I realized that it’s not only a time to just do your best but it was a weekend to experience new things, and meet new people and have fun! I threw 9.89, which was not my personal

best, but I didn’t have to push myself anymore because I had the top throw and I got to throw last because I had the best throw out of the top three first throws. My personal best is 10.39. I felt very proud of myself for working hard and achieving an excellent goal. I felt very grateful. I was grateful for my family, and my coaches (Karla Gabruch and Jennifer Weber from U of S) that pushed me to my best.

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Camryn Nelson of Preeceville proudly showcased her gold medal that she won in the shot put event for Team Saskatchewan at the Summer Games in Sherwood Park, Alberta.

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